

**Let's Keep our
Hands Clean & Healthy**

A Safety Issue

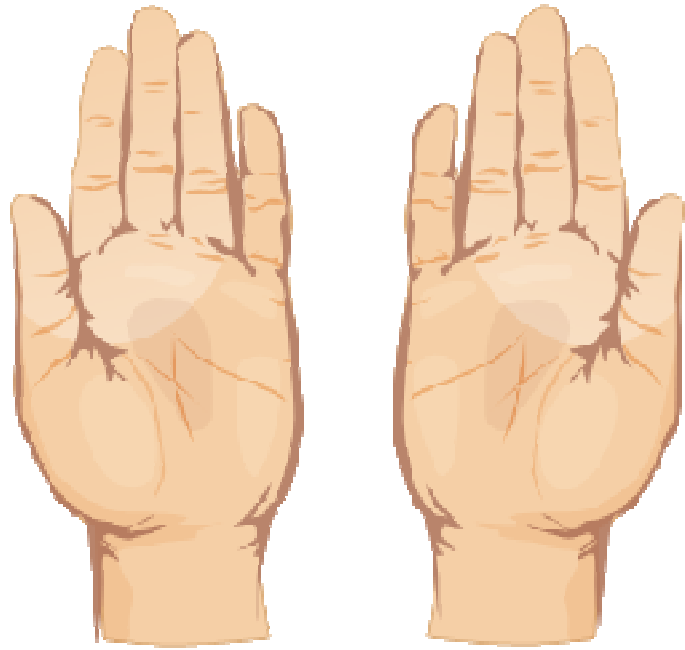


We touch all sorts of things with our hands – including germs.

And that makes the mummies and the teachers very happy!



Look at your hands, now. Are they clean and tidy? Do you need to wash your hands or trim your nails?



It's better and safer for everyone when we all have clean hands and nails.



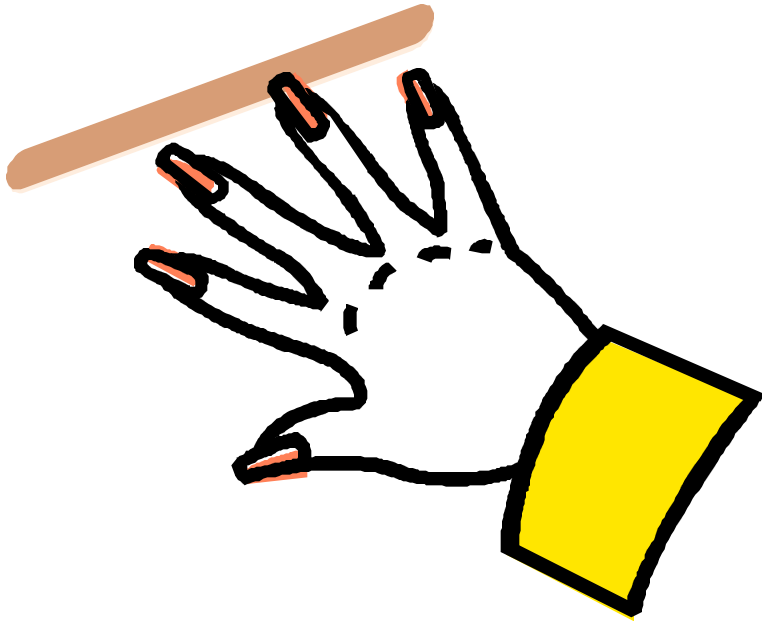
It's important to keep our hands clean and tidy for our health and the health of everyone around us.



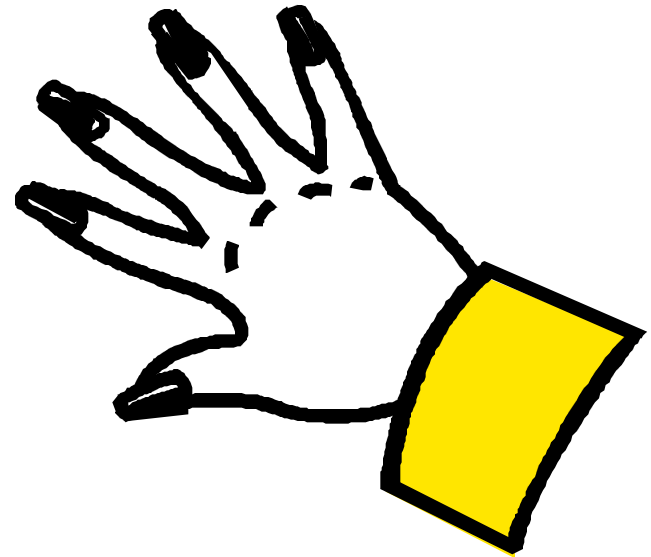
If our nails are too long, it's too easy to accidentally scratch someone.



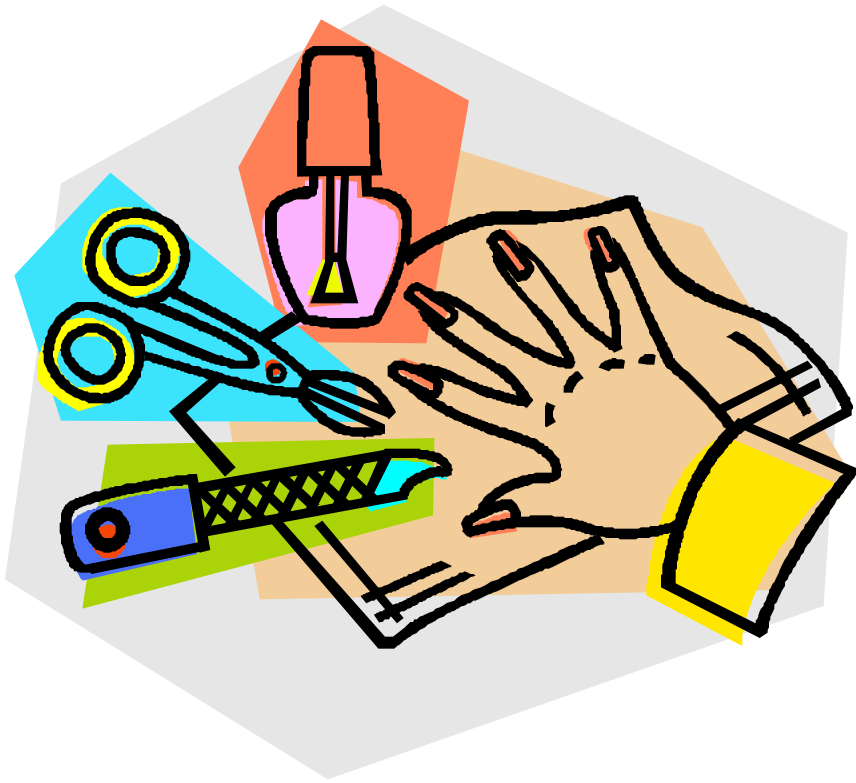
Nail brushes are good for keeping our hands clean and tidy. Scrubbing with a nail brush gets dirt and germs from under our nails.



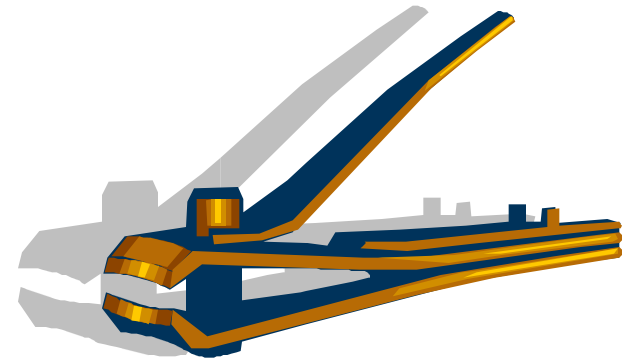
A nail file is also a good way to keep our nails looking tidy. It makes a fun sound, almost like a toothbrush brushing!



If our nails are dirty, we can spread germs to our food or our friends.



When our nails get too long or too messy, it's time for a manicure!



Lots of people use nail clippers, which are great for trimming fingernails. They are specially made so that it never hurts to trim fingernails.